

**CREST VIEW SENIOR COMMUNITIES**  
**RESIDENT ACKNOWLEDGMENT OF RISKS AND PROCEDURES**  
**RELATING TO ESSENTIAL CAREGIVER VISITS (COVID-19)**

Older adults and those with respiratory conditions are especially vulnerable to the serious consequences of COVID-19. Like you, we at Crest View Senior Communities consider the health and safety of those living in our communities to be our top priority. As COVID-19 continues to spread in Minnesota, we will continue to follow guidance provided to long-term care providers by the Centers for Disease Control & Prevention (CDC), the Centers for Medicare and Medicaid Services (CMS), and the Minnesota Department of Health (MDH).

While current MDH guidelines do not allow us to re-open our communities to general visitation, MDH guidance does allow designation of essential caregivers, in appropriate cases, who may visit indoors in order to provide care or services, as long as safety precautions are followed.

Visits to an older adult or a person with respiratory conditions may put that person at risk for serious and life-threatening infection. The CDC reports that ill visitors and healthcare personnel are the most likely sources of introduction of COVID-19 into a facility, and that infected persons can pass along the virus without even exhibiting symptoms of the virus themselves. However, we also recognize the positive impact that essential caregiver visits can have, and we believe we can successfully implement an essential caregiver program, if you and your designated essential caregiver follow our policies, procedures and instructions.

At this time, we continue to limit visitors inside our doors to all but essential healthcare personnel, compassionate care visitors, and designated essential caregivers. This policy is based on the current guidance from the CDC, CMS and MDH. We will refine and update our policy as more information becomes available and as guidelines change. If you have questions regarding our visitation policy, please contact the respective Campus Administrator for your community (Julia Biehn in Columbia Heights at [jbiehn@crestviewcares.org](mailto:jbiehn@crestviewcares.org) or Holly Stange in Blaine at [hstange@crestviewcares.org](mailto:hstange@crestviewcares.org)) or you may call the Ombudsman for Long-Term Care at 651-431-2555 or 1-800-657-3591.

I acknowledge that I have read this document and understand the risks of my decision to receive visits from my designated essential caregiver(s). I also agree to follow the procedures and instructions set forth in the acknowledgment form that my Essential Caregiver will sign (copy attached).

Resident name: \_\_\_\_\_ DATE: \_\_\_\_\_

Signature: \_\_\_\_\_

Legal Representative Designation: \_\_\_\_\_ (if signing on behalf of the resident)

**Staff Instructions:**

1. Provide the form below to the Essential Caregiver(s) for review and signature. Provide the Essential Caregiver(s) with a copy to keep for their use and reference, and provide a copy to the resident.
2. Provide the Essential Caregiver with a copy of the MDH Guidance for Essential Caregivers.

**CREST VIEW SENIOR COMMUNITIES**  
**ESSENTIAL CAREGIVER ACKNOWLEDGMENT OF RISKS**  
**AND PROCEDURES RELATING TO CAREGIVER VISITS (COVID-19)**

Essential Caregivers visiting Crest View Senior Communities must abide by the following procedures and instructions:

1. **Screening and Check-In Prior to Entry:** Essential Caregivers will enter through the front entrance of your respective community and participate in a check-in and screening process before proceeding into the facility. The screening process will involve having a temperature taken and answering screening questions. An Essential Caregiver cannot enter or visit with a resident if the Essential Caregiver has a temperature of 100 degrees or higher or answers yes to any of the following questions:
  - a. *Have you or anyone you live with or come in regular close contact with been sick in the last 14 days?*
  - b. *Have you recently been diagnosed with COVID-19 or been in contact with any with COVID-19 in the last 14 days?*
  - c. *Are you currently under investigation for possible COVID-19 exposure or have a pending COVID-19 test?*
  - d. *Do you currently have a cough, fever, shortness of Breath, feeling weak, or other respiratory symptoms?*
  - e. *Have you traveled out of the country in the last 14 days or out of state?*
  - f. *Do you currently work in an environment that causes you be in direct contact with exposed or confirmed COVID-19 patients?*
  - g. *You must get your temperature taken, was it at or above 100.00 degrees?*
  
2. **Scheduling Visits.** Essential Caregivers must schedule visits ahead of time. To schedule an Essential Caregiver visit, contact main telephone number for the Blaine (763-762-8420) or Columbia Heights (763-782-1611) campus. State your intent to schedule an Essential Caregiver visit, and you will be directed to the appropriate scheduling contact. Visits will not be scheduled when a resident is positive for COVID-19 or symptomatic or during a 14-day quarantine, including the first 14 days after admission, unless the visit falls into Crest View Senior Communities' compassionate care visitation policy. Visitation times will be available during typical business hours, seven days a week, pending the availability of facility staff to accommodate the visit. All visits will be limited to 1 hour. Although multiple people may be deemed an Essential Caregiver for an individual resident, only one essential caregiver may visit at a time.
  
3. **Conducting Visits.**
  - a. Visit only the resident for whom you are a designated Essential Caregiver.
  - b. Limit your visit to the room of the resident for whom you are a designated Essential Caregiver, or to another location designed by Crest View at the time of the visit, and limit your movement within the community to traveling to and from the resident's room.
  - c. Prior to entering a resident room, rub hands with alcohol-based hand rub or using the building's sanitization station.
  - d. Wear a face mask and eye protection during the entire visit, and any additional personal protective equipment as required by Crest View at the time of the visit. Crest View Senior Communities staff will educate the essential caregiver on how to don/doff necessary personal protective equipment, as needed.

- e. Practice social distancing by remaining at least 6 feet apart from staff and other residents in the community, and remain social distant from the resident you're visiting, unless you are providing physical cares.
- f. If at any time you are observed not to be practicing safe infection prevention protocols, you may be asked to leave the community for the safety of our residents and staff.

4. **Notification of Symptoms or Exposure.** After visiting, essential caregivers should monitor for signs and symptoms of respiratory infection for at least 14 days. Essential caregivers must inform Crest View Senior Communities if they develop a fever or symptoms consistent with COVID-19 within 14 days of a visit to the resident, are aware that they have been exposed to COVID-19, or test positive for COVID-19.

I acknowledge that I have read this document and understand the risks of my decision to visit the resident for whom I am a designated essential caregiver. I agree to follow the procedures and instructions listed above and understand that Crest View Senior Communities may restrict or revoke my Essential Caregiver designation and ability to visit if I do not abide by these procedures. I also understand that Crest View Senior Communities has voluntarily chosen to allow essential caregivers and can suspend or revoke this type of visitation should it become necessary for the safety of our residents.

Essential Caregiver Name: \_\_\_\_\_ DATE: \_\_\_\_\_

Essential Caregiver Signature: \_\_\_\_\_